

## Mississippi Wing Leadership Academy (MSLA) Packing List- Cadet

ITEM	QUANTITY	ADDITIONAL INFO
<b>CAP ID</b>	1	Should be in cadets pocket when they arrive for check in
<b>Paper copies of Forms</b>	1 set	Form CAPF 60-81,160,161,163
<b>AF Blues Uniform</b>		
<b>Garment Bag</b>	Optional	To aid in keeping uniform properly pressed during travel
<b>Flight Cap</b>	1	with CAP device
<b>Service Cap</b>	1	with CAP device
<b>Blues Short Sleeve</b>	1	An additional shirt is recommended
<b>Tie or NeckTab</b>	1	
<b>Rank/ Grade Insignia</b>	1 pair	
<b>Nametag</b>	1	
<b>Ribbons/ Badges</b>		only those the cadet is authorized to wear
<b>Shirt-stays</b>	1 pair	As desired: they do increase the sharpness of a uniform
<b>White V-neck</b>	2	
<b>Blues Pants or Skirt</b>	1	Verify uniform item is hemmed correctly for cadets height
<b>Belt and Buckle</b>	1	Blue, cotton web or elastic, solid or woven with plain chrome buckle
<b>Dress Socks/ Black or Hosiery</b>	3	Socks for low quarters and hosiery for pumps/flats
<b>Black Low quarters or Pumps/ Flats</b>	1	Can be corfram/ hi-gloss or leather (should be at least lightly polished)
<b>PT Gear</b>		
<b>Gray Athletic Shirt</b>	2	Preferably short sleeve and light gray with no writing. May not be tank tops. May be long sleeve to meet religious standards.
<b>Blue Athletic Shorts</b>	2	Preferably Navy. Should be no shorter than mid-thigh and no longer than an inch below the knee.
<b>White Athletic socks</b>	4 pair	
<b>Running Shoes</b>	1	should be broken in to prevent blisters
<b>Underwear</b>		
<b>Underwear</b>	4	should be suitable for all day active wear
<b>Bras (Female)</b>	2 min	Suggested minimum: 2 sport bras. Bring additional sports bras or regular based on personal preference
<b>Laundry Bag</b>	1	Mesh with draw string and labeled with cadets name
<b>Rain Jacket/poncho</b>	1	ABU pattern, Black, Dark blue, green, or clear. Should be able to fit over ABU uniform.
<b>Personal medication</b>		To include daily or occasional, prescription, OTC. All must be listed by name and with dosage on CAP Forms 160 or 163
<b>Towel/ Shower</b>	1	2 towels are encouraged
<b>Washcloth</b>	1	2 if desired
<b>Shower Shoes</b>	1	You will want these. will need to walk to the shower from Bunk building.

<b>Personal Hygiene Kit</b>	For 3 Days					
<b>Soap</b>	1	Cleanliness is important.				
<b>Shampoo/Cond.</b>	optional					
<b>Comb/Brush</b>	optional					
<b>Toothbrush</b>	1					
<b>Toothpaste</b>	1					
<b>Foss</b>	optional					
<b>Deodorant</b>	1	verify deodorant does not irritate skin				
<b>Shaving Gear</b>	as needed	as required to meet grooming standards				
<b>Nail clippers/ file</b>	1					
<b>Sunscreen</b>	1					
<b>Chapstick</b>	optional					
<b>Foot Powder</b>	1					
<b>Hair products</b>	as needed	as required to meet grooming standards				
<b>Hair accessories (Female)</b>	as needed	as required to meet grooming standards				
<b>Blister Care</b>	1	Moleskin, blister kit				
<b>Flashlight</b>	1	extra batteries				
<b>Sewing Kit</b>	1					
<b>Shoe Polishing Kit</b>	1	Black shoe polish with rag. brush				
<b>Sunglasses</b>	1					
<b>Wrist Watch</b>	1	encouraged				
<b>Back pack</b>	1	Must meet uniform standards				
<b>water bottle, hydration pack, canteen</b>	1	Hydration is very important				
<b>Pocket size notebook</b>	1					
<b>Pens/pencil</b>	2					
<b>Bedding</b>						
<b>Twin blanket or sleeping bag</b>	1	Should be about the same size as twin sheets. can be any material. less bulky is easier to manage.				
<b>Twin Sheets</b>	2	White, one sheet to cover the mattress at least.				
<b>Pillowcase</b>	1	white				
<b>Prohibited Items</b>	Knives or weapons of any kind, alcohol, tobacco, vapes, illegal drugs, prescribed or over the counter drugs not listed on CAPF 160 or 163, no inappropriate material, electronics devices, jewelry you don't want lost or damaged or doesn't meet CAP uniform regulation, field gear.					

	<p>Cadets belongings will be inspected. Cadet will be immediately dismissed if weapons or illicit substances are found. Other prohibited items will be confiscated and adult/legal guardian will be contacted to determine consequences and actions. Cadets who drive themselves or are traveling to the activity without their parent/legal guardian will be required to turn in their vehicle keys and/or cell phone upon check-in, they will be locked up by staff and returned upon out processing.</p>					
<p><b>Missing Supplies</b></p>	<p>Cadets who arrive without the required items might have those items purchased for them. If time allows you will be notified of the deficiency prior to the purchasing of items. You will be given a bill at outprocessing.</p>					